

International dental research stay, Mexico-Chile.

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Student mobility at an international level allows university students to get involved in a range of academic activities in an institution different from their own¹ and acquire a valuable experience by being part of a new work team.

My experience as a student from Universidad Nacional Autónoma de México (UNAM) during my research stay at Universidad de La Frontera (UFRO), Chile, has been great. Interacting with supervisors, teachers and students of the Master and PhD programs in the Medical and Morphological Sciences, as well as discovering the working environment and interaction of professionals from the medical and the dental areas, has enhanced my experience regarding research collaboration among health professionals.

UFRO is a prestigious institution that seeks to strengthen research through different strategies and means, including internazionalization, through the exchange or academic stays of international students. This has stimulated the emergence of new ideas for future research topics among many researchers from UFRO and UNAM.

Chile is a country currently investing in research through the National Commission for Scientific and Technological Research (CONICYT, available at www.conicyt.cl), which has a scientific and technological collaboration agreement with Mexico, specifically with the National Council of Science and Technology (CONACYT, available at www.conacyt.mx). This agreement plays a significant role in promoting the interaction between universities and research institutions of both countries to exchange ideas and experiences with the aim of improving health, science and technology.

Although Mexico and Chile have two different cultures, they have many things in common, so collaboration between universities and institutions contributes to breaking down borders and allows researchers to come together and form a single team.

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